

# Volunteer Possibilities for Youth

*Listed in age categories. We try to keep this info current, but can't guarantee that folks need volunteers right now. Call the contact person to inquire.*

*Compiled by the City of Boulder's Youth Opportunities Program*

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## All Ages

### **Hedgerow Farm Environmental Education Center**

**Location:** 8328 Valmont Road (East Boulder)

**(303) 666-6397**

**Volunteer Coordinator:** Susie Gritton

This totally organic farm is run by Naropa University. Hedgerow is open to volunteers year round. You need to be self-motivated, energetic, and love to getting your hands.

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### **Boulder County Head Start**

**Location:** NE of Table Mesa, and 26th & Mapleton

**(303) 441-3980**

**Volunteer Coordinator:** Susie Gritton

Head Start pre-school needs volunteers after school to read and play with children. Help is also needed with child care during the evenings.

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### **Dental Aid, Inc.**

**4155 Darley Ave., Ste. C (South Boulder)**

**(303) 494 2922**

**Contact:** Audrey Scrimgeour

This is a dental clinic for people who are low income. Volunteers are needed to read to young children in the waiting room on Thursdays and Fridays. Other volunteer opportunities may be office assistance and learning more about the dental practice.

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### **Family Learning Center**

**3164 34th St. ( across from Sutherland's)**

**(303) 442-8979**

**Contact:** Teresa

This agency runs an after school program at the San Juan del Centro community. They need volunteers who can help youth with homework, reading, and computer skills.

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### **ICEBUSTERS**

**(303) 441-3239**

**Contact:** Alice Mastin

Volunteers are needed to help senior citizens and physically disabled residents in Boulder shovel their sidewalks.

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### **Mary Sandoe House**

**1244 Gillaspie Dr.**

**(303) 494-7317 ext. 19**

**Contact:** Linda Tharp

This is an assisted living community for elderly people. They need volunteers in the Activities Department to help with crafts, games, and other forms of entertainment.

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### **Manor Care Health Services**

**Location:** 2800 Palo Parkway, just north of Iris on 28th

**(303) 440-9100**

**Contact:** Jennifer

This Senior Center needs volunteers to help residents with special events and daily living tasks.

## **Little Treasures Chinese School**

**(303)258-0561**

**Contact: Tana Bowen-Cohen**

Want to learn about another culture or more about your own? Connect with pre-school and elementary-aged kids and Chinese culture/language and Asian heritage. Volunteers help out in the classrooms on Saturday mornings and with special events. Classes are held at CU-Boulder.

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## **Volunteer with Seniors!**

**(303) 441-4388**

**Contact: Sandy Hollingsworth.**

Can you carve out a morning or afternoon to do some one-time help such as weed cutting, simple carpentry repairs, window washing, etc? A lot of local seniors would appreciate your help.

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## **Boulder County AIDS Project (BCAP)**

**2118 14th Street**

**Location: 14th Street, Downtown**

**(303) 444-6121**

**Contact: Jennie Arbogash**

Service projects vary depending on what BCAP has going on at that time. Some examples of types of service would be helping with mailings or putting together information packets. Call for more details.

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## **Eco-Cycle**

**5030 Pearl St.**

**(303)-444-6634**

**Contact: Brian**

Distribute recycling/environmental literature to your neighbors 3-4 times a year and serve as a resource person for recycling and waste reduction concerns on your block. Minimum term 12 months.

Assist users of the Drop-off Center in getting their recyclable materials from vehicle to bin; answer questions; and direct traffic. Minimum term 6 months.

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## **Boulder County Safehouse**

**Location: 9th street, near North Boulder Park**

**(303) 449-8623**

**Contact: Merry Reasons**

This organization provides a safe space for women and children who have experienced domestic violence.

They need volunteers to do regular office work, cleaning projects and possibly yard work. A 30 minute presentation about the agency is included.

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## **Boulder Shelter for the Homeless**

**Location: North Broadway**

**(303) 442-4646**

**Contact: Amy**

You could support this organization by helping with meals, laundry, maintenance, handing out toiletries such as towels and soap, and general cleaning.

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## **GASP of Colorado (Group to Alleviate Smoking Pollution)**

**2885 Aurora, Suite 37**

**Location: East Boulder, near the high rise CU dorms**

**(303) 444-9799**

**Volunteer Coordinator: Pete Blialeck**

This agency needs volunteers to help with office work such as filing, stuffing envelopes etc. Occasionally, you can do the work from your own home in your spare time!

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## **Boulder County SHOUT Project**

**(303) 443-8121**

**Contact: Barry Carlin**

SHOUT is a program that discourages youth from smoking cigarettes. Service projects vary depending on what projects SHOUT is currently doing. Possibilities include helping with the newsletter, data entry or other projects. Call for more details.

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**Boulder Parks and Recreation Department**  
3198 North Broadway

**(303)-413-7245**  
**Contact: Mary Malley**

Work in city parks, removing trash and weeds, and performing light maintenance.

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**Colorado Youth Program**

**(303) 402-9656**

**Location: Service projects are at different locations around town. Contact: Sarah or Steve**

This agency regularly schedules different community service projects, such as working at the Humane Society, Wildlife Sanctuary, etc. Each completion of a community service day allows you to take part in an outdoor recreation activity!

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**Jewish Community Center**

**(303) 998-1900**

**2575 Glenwood Dr.**

**Contact: Linda Lowenstein**

This cultural center needs volunteers who are able to help with occasional special events. ( i.e. setting up chairs, serving refreshments, helping with mailings.)

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**Women's Wilderness Institute**

**(303) 938-9191**

**1628 Walnut St. Suite A**

**Contact: Mary Marsden**

This organization runs outdoor programs for women and girls. They need volunteers to help with office work, sorting outdoor gear, etc.

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**Growing Gardens**

**(303) 413-7248**

**3198 N. Broadway**

**Contact: Vanessa Arbogast**

**Location: Near the intersection of Broadway & Iris**

This organization heads a variety garden projects such as the Community Garden, the Peace Garden for Children, and Cultiva! garden program for teens. Volunteers are needed year round for projects ranging from planting seeds, harvesting, greenhouse maintenance, help at the Farmer's Market and general office work.

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**Boulder County Sheriff Department**

**(303)-441-3656**

**1777 6th St.**

**Contact: Sarah Jussen**

BPD needs young members of the community to sit in a restorative justice circle. Must be able to speak up & participate. Available for 2-3 hours in the evening, once a month.

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**Humane Society**

**(303) 442-4030 x 654**

**2323 55th Street**

**Volunteer Coordinator: Bridget**

You could socialize with animals (e.g. playing with them, brushing them, bathing, exercising, etc.) Volunteers must attend an evening training session before starting service (these occur monthly). Some volunteer opportunities do not require training. Call for more information. If you are under age 15, you must be with an adult 18 or over.

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**Hands & Voices**

**(303) 499-9365**

**Contact: Janet DesGeorge**

This non-profit organization works with people who are hearing impaired. Volunteers are needed for general office work such as data entry, mailing, and filing.

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**Radio Reading Service of the Rockies**  
5290-G Arapahoe Ave.

**(303) 786-7777**  
**Contact: Kat Lindgrin**

This program records live readings of newspapers, etc. for people who are visually impaired. Help with mailings and recordings. Spanish speakers especially welcome. Volunteers must commit for a minimum of 4 weeks.

## **Under Age 14**

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**Community Food Share**  
6363 Horizon Lane  
Longmont, CO

**(303) 652-3663**  
**Contact: Sue Erickson**

Volunteers work in the Community Food Share warehouse sorting, organizing, and counting cans of food that will be donated to people who are low income. Volunteers must be at least 12 years old.

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**University of Colorado Museum of Natural History**  
Henderson Bldg, 15th and Broadway

**(303)-492-1666**  
**Contact: Barbara Kelly**

Give guided tours to school groups in the museum's four galleries ( Dinosaur, Anthropology, Biology, Temporary Exhibits, and Discovery Corner). Tours include hands-on activities, and participation in special events at the museum. Volunteers must be at least 12 years old.

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**Medicine Horse Program**  
6775 Arapahoe Rd. (Across from BVSD Tech. Ctr.)

**(720)-406-7630**  
**Contact: Diane Kennedy**

Groom horses, muck corrals, fill water buckets, general horse and barn upkeep.

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**Global Response**  
3546 East Pearl Street

**(303) 444-0306**  
**Contact: Cathy Partridge**

Global Response is an environmental action and education network. They take action by writing letters to specific officials who have the power to make positive environmental changes. Volunteers are needed to help with monthly mailings, stuffing envelopes, and labeling. Call for an Action Alerts Packet for Youth. Volunteers must be 13 years old.

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**Boulder Mountain Parks**

**(303)-441-3408**  
**Contact: Lisa Dierauf**

Become involved with a variety of plant related subjects, such as working in native gardening, assisting with re-vegetation projects, monitoring plant community, and assisting with weed management projects. 2 hours per week, minimum term 24 months. Must be at least 13 years old.

## **Minimum Age 14**

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**Boulder Community Hospital**  
1100 Balsam Ave.

**(303)-440-2137**  
**Contact: Lyn Erickson**

This is a summer program that require 8 hours per week of service for a minimum of 3 months.

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## **Minimum Age 14 (continued)**

**Boulder Day Nursery**  
1518 Spruce St.

**(303)-442-7605**  
**Contact: Wendy Charles**

Introduce children to crafts and play with them. 4 hours per week for 3 months.

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**Boulder Expand Program**  
3198 Broadway

**(303)-413-7200**  
**Contact: Mary Kazlauskas**

Volunteers needed to assist participants with recreational activities, hobbies, crafts, and gift making. 1 hour per week for 2 months.

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**Eldora Special Recreation Program**

**(303)-442-0606**

Teach skiing to people with all types of disabilities. Season lasts from December 5th through March 28th. Snow trainings on December 5th and 6th are required.

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**Community Mediation Service**  
2160 Spruce Street

**(303) 441-4344**  
**Contact: Kon Damas**

Looking for teens who have good communication skills, listening skills, work well with other people, and can keep a neutral position in conflicts. As a teen mediator, you will help teens and adults reach agreements on issues that have become a problem, and avoid going to court over small issues that can be resolved. A three day training is provided. A one year commitment of 10 volunteer hours or less a month is required. You must be in high school to participate.

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**E-Town**  
207 Canyon Blvd . Suite 302

**(303)443-8696 ext. 100**  
**Contact: Debbie Squires**

E-Town is a locally produced radio program from a non-profit organization. Volunteers are needed for office work and running errands.

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**Elementary Spanish Program**  
2450 Central Ae. Ste. E-3

**(303)-440-7196**  
**Contact: Angie Bigford**

Enthusiastic bilingual persons are needed to teach or assist teachers in small Spanish classes for children. Before or after school classes twice a week at schools in Nederland, Boulder, Louisville, Lafayette, Erie, Broomfield and Lakewood.

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**Emergency Family Assistance Association**  
900 Arapahoe Ave.

**(303)-442-3042 ext. 13**  
**Contact: Carolyn Kark-French**

Help organize food pantry, weigh donations, conduct inventory. Help run after school activities for shelter residents. Help with mailings or data entry in the office. Help with yardwork.

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**Habitat for Humanity**  
1202 Folsom St.

**(303)-447-3787**  
**Contact: Julie Zenor**

Work with other volunteers to provide child care during evening meetings. Work with classroom staff on a variety of activities involving 16-17 preschool-aged children: helpful to know Spanish.

### **Minimum Age 14 (continued)**

**Meals on Wheels of Boulder**  
2355 Canyon #104

**(303)-441-3908**  
**Contact: Susie Finley**

Serving meals, picking up trays and dishes, serving beverages, and washing tables. 3 hrs./week for 6 months.

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**The Sierra Club**  
2260 Baseline Road, Suite 105

**(303) 449-5595**  
**Contact: Maggie Fox**

General office volunteers are needed. Gain experience working on environmental advocacy, grassroots organizing, research and outreach on environmental issues. Must be at least 14 years old.

### **Minimum Age 15**

**American Red Cross**  
5378 Sterling Dr.

**(303)-442-0577**  
**Contact: Kay Moeller**

Help CPR instructors teach classes. 8 hrs./week for 12 months.

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**Anam Chara Home**  
1795 Quince

**(303)-442-4484**  
**Contact: Julie Mahoney**

Help out at dinnertime, feeding residents, serving meals, assisting care giver on duty in this small group home for seniors. Assist on-duty care giver with the preparation, serving, and cleaning up of lunch or dinner meals. One on one companionship for our residents. Could possibly be a school or group project.

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**Boulder Valley School District**  
6500 East Arapahoe

**(303)-447-5137**  
**Contact: Annette Mainland**

Assist artist doing after school enrichment drawing and painting classes with 1st thru 5th graders- very fun!

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**Hostelling International**

**(303)-442-1166**  
**Contact: Holly Ridenour**

Obtain relevant budget travel and hostelling materials for reference library. Organize materials for in-office use. All materials for library to be donated. Assist staff in requesting donations of interest to novice travelers.

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**Land and Water Fund of the Rockies**  
2260 Baseline, Ste. 200

**(303)-444-1188**  
**Contact: Andrea Bronstein**

Do maintenance around the building: trim bushes, mow, and rake. 5 hours per week for 3 months..

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## **Minimum Age 15 (continued)**

**International Mountain Bicycling Association**  
1121 Broadway

**(303) 545-9011**  
**Contact: Matt Pacocha**

Office volunteers are needed to assist with general office operations, fulfillment of memberships, weekly projects, and data entry. Minimum of 3 hours per week required and must be at least 15 years old.

## **Minimum Age 16**

**Crossings Ridge Point**  
3375 34th Avenue

**(303) 473-0333**  
**Contact: Anne-Marie Arvoy**

Adopt a "grandparent" and work one-on-one or in small groups with seniors. Must be at least 16 years old.

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**Colorado Therapeutic Riding Center**  
11968 Mineral Rd. Longmont, CO

**(303) 652-9131**  
**Contact: Heather McLaughlin**

This agency teaches people with disabilities to ride horses. Volunteers are needed to clean horse stalls, water and grain buckets. Other barn work is also available periodically. Must be at least 16 years old.

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**Center For People With Disabilities**  
1675 Range St.

**(303)-442-8662**  
**Contact: Judy Neil**

Many opportunities are available with this agency. Call for more information.

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**People's Clinic**  
3303 N. Broadway

**(303)-449-0858**  
**Contact: Lee Ann Helbak**

Give clinic support, or work as a medical records assistant.

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**Association for Experiential Education**  
2305 Canyon Blvd. Ste. 100

**(303)-440-8877**  
**Contact: Catherine Monro**

Help out doing general office work.

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**Echo House**  
929 Marine St.

**(303)-449-3092**  
**Contact: Margie Rotkin**

Various opportunities for working with children at the Echo House.

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**Columbine Elementary School**  
3130 Repplier

**(303)-443-0792**

Many opportunities are available working with children. Call for more information.

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### **Minimum Age 15 (continued)**

**New Horizons Co-Op Preschool**  
1825 Upland

(303)-442-7434  
Contact: Janet Farlow

Work one on one as a child mentor.

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**New Horizons Co-Op Preschool**  
1825 Upland

(303)-442-7434  
Contact: Janet Farlow

Work one on one as a child mentor.

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**Stand Up for Kids**  
Contact: Carol Van Hulle

(303) 449-2814

Work in a leadership/management position, or as an outreach counselor for homeless kids.

### **Minimum Age 16**

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**Uni Hill Elementary School**  
956 16th St.

(303) 939-8306  
Contact: Lynell Webster

Be an elementary classroom volunteer tutoring, mentoring and facilitating small group activities.

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**YMCA**  
2850 Mapleton Ave.

(303) 442-2778  
Contact: Joey Vander Vorste

Work as a job counselor, program leader, or youth sports official.

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**YWCA**  
2222 14th St.

(303) 443-0419  
Contact: Stacey Korn

Work as a fundraising assistant, or program director with children.

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**Colorado School Mediation Project**  
3970 Broadway Ste. B3

(303)-444-7671  
Contact: Donald Berlin

Provide program coordination and administrative assistance for general office, special projects, and annual conference.

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**Boulder Council for International Visitors**

(303)-447-8127  
Contact: Dorothy Riddle

Make appointments for visitors and write up the program that has been created.

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**Boulder Friends of International Students**

(303)-492-8097  
Contact: Stephanie Hansen

Meet with foreign visitors to help them with English. Minimum 2 hrs. per week for 4 months.

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### **Minimum Age 16 (continued)**

**Boulder Museum of Contemporary Art**  
1750 13th St.

(303)-443-2122  
Contact: Travis Allison

Assist in installation and taking down of art exhibits, including painting walls, pedestals and hanging. Minimum 5 hours per week for 4 months.

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**Colorado Shakespeare Festival**

(303)-492-1527  
Contact: Richard Devin

Direct theater goes to the theater and box office. Summer only.

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**Public Theater**  
1750 13th St.

(303)-443-9788

Greet patrons and guide to seats: provide information regarding shows, theater, etc.

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**Dairy Center for the Arts**  
2590 Walnut St.

(303)-440-7826  
Contact: Heather Musil

Assist and help plan special lunches, arts events, and publicity.

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**Boulder Philharmonic Orchestra**  
2590 Walnut St. Ste. 6

(303)-449-1490  
Contact: Ellen Oh

Construct and man booths for games at trick or treat street. 4 hours per week for 1 month.

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**Boulder Public Library**  
1000 Canyon Blvd.

(303)-441-3114  
Contact: Catherine Childs

Many different opportunities are available at the Public Library. Call for more information.

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**Colorado Chautauqua Association**

(303)-442-3282  
Contact:

Help the educational and cultural programming staff with clerical support.

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**Front Range Rescue Dogs**  
Contact: Jeff Sparhawk

(303)-441-4985

Help train dogs for search and rescue work by playing "victim" for teams to find.

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**Rocky Mountain Rescue Group**

(303) 443-3050  
Contact: Mary Anna Dahm

Participate in year round training to help in volunteer on-call mountain rescue for hurt or lost people. Volunteers must be at least 16 years old and able to volunteer 3 hours per week.

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**National Audubon Society**

(303)-449-0219  
Contact: Linda Tipton

Prepare and present indoor and outdoor environmental education programs to groups on topics related to ecology.

**Rocky Mountain Peace & Justice Center**

**(303)-443-3050**

**Contact: Betty Ball**

Various volunteer opportunities exist at this nonprofit organization. Call for more information.

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**The Solstice Institute**

**302 Pearl St.**

**(303) 939-8463**

**Contact: Mark Klosterman**

Many opportunities are available at this community center. Call for more information.

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**Volunteer Connection**

**1136 Alpine St. Ste. 105**

**(303) 444-4904**

**Contact: Joyce Mitchell**

Assist with labeling envelopes, a quarterly mailing, stapling, and other special projects.

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## **About this list.....**

*Much of the information listed here was found at The Volunteer Connection (303) 444-4904. They may have other ideas of where you can do community service, in addition to what you find here.*

*We try to keep this information current, but we can't guarantee that it is. If you learn that anything on this list is inaccurate, please call us at 303-441-4349, or e-mail [swetta@ci.boulder.co.us](mailto:swetta@ci.boulder.co.us) so that we can update our records. Thank you.*

# How to Set up Volunteer Work

(In case you're not sure what to do)

1. Look over this list of opportunities, and choose 1 or more that sound interesting to you. Think of what questions you have about volunteering there.
2. Call the phone number listed. The "contact" person's name is who you ask for. If that person no longer works there, or isn't in, ask if there is anyone else you can talk to about volunteering.
3. Sometimes you might need to leave a message. You could say, "My name is\_\_\_\_\_, I am interested in volunteering. Please call me at \_\_\_\_\_ (phone #)."
4. When you talk to a person, tell them your name, why you would like to volunteer at that particular place, and how many hours you want to volunteer.

You can ask them any questions you have, and they might ask you some (such as your age, what you're interested in doing, and when you can come in). Decide if it sounds like a place you'd like to volunteer.

5. Once you decide where to volunteer, you might want to write down where you need to go and when, to help you remember.

***If you get stuck, or need help, call Alice at (303) 441-4349, or e-mail her at  
swetta@ci.boulder.co.us***